

Name: \_\_\_\_\_ Date/Time: \_\_\_\_\_

### **HEAD BUMP INFORMATION**

Your child was seen in the health office today because of a bump to the head. Most head injuries are minor and are not associated with serious after effects. It is **important** to watch your child carefully for 24-48 hours after a bump to the head for signs that may indicate something more serious is going on.

**If any of the following symptoms occur at home, contact your physician immediately:**

1. Deep sleep from which it is difficult to awaken your child. NOTE: It is NOT necessary to keep the child awake during regular sleep hours, but it is advisable to check every two hours to see how easily he/she can be awakened.
2. Difficulty breathing.
3. Blood or clear liquid draining from mouth, nose, ears or eyes.
4. Persistent (more than 2-3 times) or forceful vomiting.
5. Appearing to be dazed, dizzy; change in behavior.
6. One pupil (black part of eye) larger than the other.
7. Convulsions (trembling or jerking of body, arms and legs).
8. Continued headache or double or blurred vision.

**Please contact the school nurse if you have any questions.**

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